

activating the ultrasound emitting element for a second period of time at a second frequency which is different than the first frequency, the second period of time occurring after the number of discrete time periods.

116. (New) The method of claim 115, wherein:

the activating steps are carried out with the first period of time being shorter than the second period of time.

117. (New) The method of claim 115, wherein:

the activating steps are carried out with the first period of time being less than 1 second.

118. (New) The method of claim 115, wherein:

31 the activating step is carried out by activating the ultrasound emitting element at a third frequency different than the first and second for a third period of time, the third period of time occurring after the number of discrete time periods and the second period of time.

119. (New) The method of claim 115, wherein:

the activating step is carried out with the first frequency being about 2-7 MHz and the second frequency being from 2-14 MHz.

120. (New) The method of claim 115, wherein:

the providing step is carried out with the ablating device producing focused energy having a focal length of 2 to 20 mm.

121. (New) The method of claim 115, further comprising the step of:

approximating a temperature using the ultrasound emitting element.

122. (New) The method of claim 115, further comprising the step of:

assessing the adequacy of contact between tissue and the device.

123. (New) The method of claim 115, further comprising the step of:

measuring a blood flow velocity with the ultrasound emitting element.

124. (New) The method of claim 115, further comprising the step of:

determining a tissue layer thickness using the ultrasound emitting element.

125. (New) The method of claim 124, wherein:

the determining step is carried out with the tissue layer being a tissue layer between a near surface and a far surface.

126. (New) The method of claim 115, further comprising the step of:

moving the ultrasound beam after the activating step.